



How We Can Help

Our highly qualified and trained caregivers are ready to help you and your loved ones with a variety of daily activities.

Services Provided:

- Bathing, dressing & grooming
- Restroom & incontinence care
- Mobility & transfer assistance
- Medication reminders
- Transportation / Errands
- Meal preparation
- Light housekeeping
- Exercise assistance
- Alzheimer's and dementia care
- Senior safety solutions

Our personalized services are available seven days a week and can range from a few hours daily to 24 hours and live-in care.

We are fully bonded, licensed and insured.



Additional Senior Safety Solutions

In addition to home care, Heartland Home Health offers a wide variety of products and services geared toward fall prevention, Senior mobility and general safety.

Products and Home Safety Solutions:

- Fall Prevention Services
- Equipment Sales and Installation
 - Grab Bars/Rails
 - Wheelchair Ramps
 - Chair Lifts
 - Etc.
- Mobility Solutions
- And More...



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Office: 805-306-0021
Toll-Free: 800-871-6050
www.HeartlandHealthy.com



Helping Seniors Enjoy the Comforts of Home



**Dependable and Affordable
In-Home Assistance**

Safety Products & Services

Free In-Home Assessment

**805-306-0021
Toll-Free: 800-871-6050**

www.HeartlandHealthy.com



Clients we *Serve*

We're devoted to seniors and the chronically disabled who aren't ready to leave their home for an institutional setting or who live with relatives, but because of illness or chronic conditions need support to remain at home.

Caring for a client often involves family, so we play a role in providing a respite for the primary family caregiver, i.e., a wife caring for a husband or a daughter/son caring for their parents.

Constant caregiving can bring great stress, because the caregiver's focus is centered on the one needing care. Very often we see that when we give relief from daily routines, allowing the family caregivers more time for themselves, the relationship strengthens.



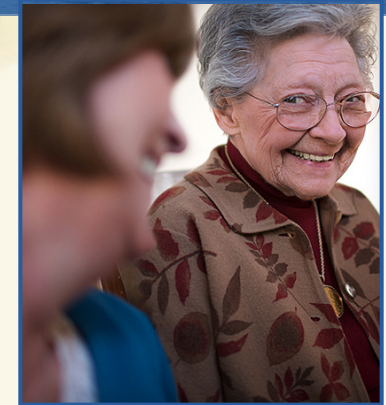
Trust our caregivers

are the "cream of the crop"

Our caregivers are well trained, highly qualified and carefully selected individuals who are thoroughly screened, bonded and insured. Most importantly, our priority is to have caregivers who are completely trustworthy and extraordinarily caring of others.



Our caring service allows our elderly clients to maintain as much independence as possible by providing the appropriate in-home assistance and companionship, lifting the spirits of both the elderly and the family caregivers as well.



How to get *Started*

We will meet with you and your family and jointly determine the scope of care by conducting an in-depth assessment of your (or your loved one's) lifestyle and medical conditions, then evaluate the kind of assistance that is needed.

During the meeting, we explain fully the services available, answer any additional questions you may have, and help with the important care decisions faced by a family with a loved one in need.

Issues covered include:

- Matching the appropriate caregivers
- Daily routines
- Health and medication
- Emergency response
- Nutritional issues
- Transportation
- Costs of services